**6th Grade Health**

**Teacher:** Coach Larson & Coach Calandra

**Contact:** larsonj@fultonschools.org & calandrar@fultonschools.org

**Resources:** Microsoft Teams Class and [www.ammsgrade6health.weebly.com](http://www.ammsgrade6health.weebly.com)

**TEXT:**  TEEN HEALTH, Mary Bronson Merki, PhD

**Detailed Course Description**

* Mental and Emotional Health:
* self-image, stress, habits, goal setting, anger

*\*\*\*Self-image/goal setting WS*

*\*\*\*Habits WS/Form*

Violence Prevention:

* bullying, violence in the media, decision making, values, communication, assertiveness

\*\*\**Bullying WS/Form*

\*\*\**Value Ranking WS/Form*

\*\*\**Assertive Comic*

**Major Assessment**

* Personal Health and Wellness:
* hygiene: skin, eyes, ears, teeth, hair, immune system & disease prevention (infectious & non-infectious)

\*\*\**Hygiene Poster/Public Service Announcement*

**Major Assessment**

* Healthy Eating
	+ six nutrients, food plate, balance, moderation, nutrition labels, serving size, portion

\*\*\**Nutrition Comparison WS*

*\*\*\*Bill Nye WS/Form*

*\*\*\*Portion Distortion WS/Form*

**Major Assessment**

* Safety/First-Aid
* home, first-aid, away (outdoors/vacation/out and about), water, social media, weather emergencies

*\*\*\* Safety Brochure*

**Major Assessment**

* Drugs
* alcohol, tobacco, marijuana, refusal skills, gateway drugs, peer pressure, addiction

\*\*\*Addiction WS

**Major Assessment**

**Grades**

The nine-week average will be calculated based on following areas:

* **50 % Major**: An assignment or assessment that is cumulative in nature, measuring multiple standards/skills, and/or when there is a significant amount of dedicated instructional time devoted to the content being assessed.
* **40 % Minor**: An assignment or assessment that measures an individual standard or subset of standards/skills within a unit and/or when there is a small amount of dedicated instructional time devoted to the content being assessed.
* **10 % Practice**: Daily assignments, observations, and/or engagement activities given in class or for homework given to students to build and/or remediate skills.  Practice should not count more than 15% of the final grade.

**Classroom Procedures and Expectations**

RESPECTFUL and RESPONSIBLE – see PBIS Matrix

*Parents will be notified via email if expectations are not met. Please be sure the school has a valid email address on file.*

*Parent Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_*

*Student Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Class Period: \_\_\_\_\_*