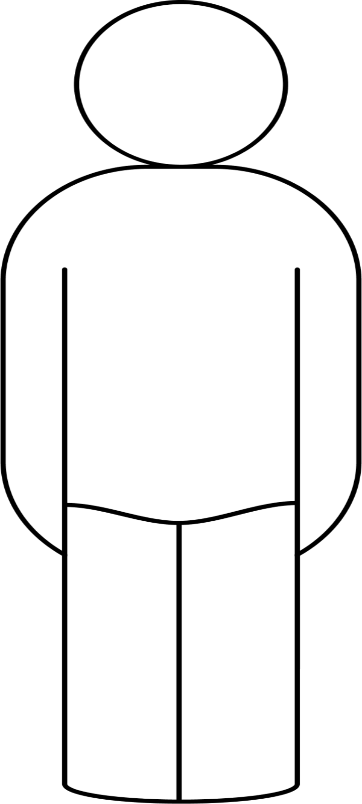
Self-Image & Goal Setting

|  |  |
| --- | --- |
| **Self-image:** | |
|  | |
|  | |
| **How is it formed?** |  |
| **What effects it?** |  |
| **Can we change it?** |  |



|  |
| --- |
| **1.** |
| **2.** |
| **3** |